

Quack Attack

The Onslaught of Media and Medical Misinformation and What You Can Do to Take Back Your Health

A Seminar by Scott Foster, Chief Wellness Officer



1. Have you, or someone close to you, had a heart attack or stroke?
2. Do your doctor visits and conversations seem hurried?
3. Do you think your current health habits, physical activity or cholesterol levels protect you as a catchall from dangerous conditions?

If you answered yes to even 1 of the above questions you need this seminar!

Participants will learn to:

- Identify the five fatal factors that are the real indicators of health and the test that could save your life.
- Evaluate ineffective, hyped and fraudulent health information.
- Summarize the eye-opening questionnaire that reveals the misconceptions you have about what contributes to and what compromises your health.
- Describe the WellWise™ takeaway

"Scott's system saved us more than \$200,000.
Robert Casalou, President, Providence Hospital

"Scott has consistently been our most popular and most effective speaker for more than 10 years."
Karen Sherman, St. John Health System

"Your programs are dynamite!"
David Bond, Senior Partner
Wiklund & Bond Financial Services

"Scott's presentation was exactly what we looking for. It was fresh, interesting and professional."
Marina Padmos, DaimlerChrysler

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